SERVICE NAME	WRAP (Wellness Recovery Action Plan)
Funding Source	Reporting Center funding, or if available, Behavioral Health funding
Setting	Reporting Center/Service Center/Satellite Center
Basic Definition	Develop an individualized, actionable plan to manage mental health or life challenges. Focusing on wellness tools, self-advocacy, and recovery, these groups help individuals reduce, modify, or eliminate distressing symptoms.
Service Expectations (include EBP)	• Open Group • Use of Motivational Interviewing • Participants create their own personal wellness plans • Facilitator sets the tone of a supportive, empathetic, trauma informed, and respectful environment • Complete documentation within 3 business days after completion of weekly session • Immediately relay concerns to supervising officer and/or Reporting Center Coordinator • Provide referral recommendations to supervising officer, if applicable. • All facilitators must submit a *Program Plan Overview* with their RFQ application to AOCP at the beginning of each procurement cycle and utilize the approved AOCP curriculum. • <u>AOCP Approved Curriculum:</u> 1. WRAP Curriculum (facilitator guide and workbooks) by Mary Ellen Copeland • Curriculum and handouts utilized are to be provided by the facilitator.
Length of Services	Minimum of 8 weekly sessions per cycle 1- 2-hour session per week 1 hour preparation/documentation per 2-hour weekly session (.50hrs per 1.0hr of group, if group time is shortened in anyway, doc/prep time shall also be shortened) Participants successfully completed the group when they've successfully completed all 8 weekly sessions.
Staffing Requirements	High School Diploma or equivalent Proof of WRAP Facilitator Certification 2- Certified Peer Support Facilitators A Certified Peer Specialist and/or licensed LADC/PLADC is preferred. All provisionally licensed/certified professionals must be supervised by an appropriately licensed professional pursuant of state licensing requirements. ***All facilitators must be a Registered Service Provider with Probation.***
Maximum Class Size	12
Minimum Class Size	6 *Minimum Class Size* refers to the number of referrals needed to schedule the group. If fewer than the minimum (6) attend, the class may still be held. However, if attendance falls below the minimum (6) for two consecutive weeks, the class cannot be held in the third week until at least the minimum

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	number of participants are present. As a result, a class may need to be temporarily suspended due to insufficient attendance.
Hours	Most groups will be scheduled outside of normal working hours, including evenings and weekends.
May be facilitated through Teleservices	Yes – with a maximum of 12 participants between all sites.
Desired Participant Outcome	• A Completed Personal WRAP Plan: Participants create a personalized "Red Book" (or equivalent) that serves as a guide for daily living and crisis management. • "Wellness Toolbox" Identification: Identifying specific, simple, and safe tools—such as peer support, journaling, exercise, or therapy—that help participants feel better. • Daily Maintenance Plan: Establishing a daily routine that promotes wellness. • Crisis & Post-Crisis Planning: Creating actionable plans for when symptoms worsen, including advance directives and strategies to regain wellness afterward
Rate	$47.00 per hour, per facilitator

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