SERVICE NAME	SEEKING SAFETY GROUP
Funding Source	Reporting Center funding, or if available, behavioral health funding
Setting	Reporting Center/Service Center/Satellite Center
Basic Definition	Seeking Safety is an evidence-based, present-focused model to help people attain safety from trauma, to include interpersonal violence, and/or substance use.
Service Expectations (include EBP)	• Open Group • Use of Motivational Interviewing • Facilitator sets the tone of a supportive, empathetic, trauma informed, and respectful environment • Complete documentation within 3 business days after completion of weekly session • Immediately relay concerns to supervising officer and/or Reporting Center Coordinator • Provide referral recommendations to supervising officer, if applicable • All facilitators must submit a *Program Plan Overview* with their RFQ application to AOCP at the beginning of each procurement cycle and utilize the approved AOCP curriculum. • <u>AOCP Approved Curriculum:</u> 1. Seeking Safety Facilitator Guide and Workbooks by Lisa M. Najavits. • Curriculum and handouts utilized are to be provided by the facilitator.
Length of Services	12 weekly sessions per group cycle 1- 2-hour session per week 1 hour documentation/preparation per 2-hour weekly session (.50hrs per 1.0hr of group, if group time is shortened in anyway, doc/prep time shall also be shortened) Participants successfully completed the group when they've successfully completed all 6-weekly sessions.
Staffing Requirements	High School Diploma or equivalent Proof of 1-Day Seeking Safety Training and Certification A Certified Peer Specialist and/or licensed clinician is preferred. All provisionally licensed/certified professionals must be supervised by an appropriately licensed/certified professional pursuant of state licensing requirements. ***All facilitators must be a Registered Service Provider with Probation.***
Maximum Class Size	12
Minimum Class Size	6 *Minimum Class Size* refers to the number of referrals needed to schedule the group. If fewer than the minimum (6) attend, the class may still be held. However, if attendance falls below the minimum (6) for two consecutive weeks, the class cannot be held in the third week until at least the minimum number of participants are present. As a result, a class may need to be temporarily suspended due to insufficient attendance.
Hours	Most groups will be scheduled outside of normal working hours, including evenings and weekends.
May be facilitated through Teleservices	Yes- with a maximum of 12 participants between all sites.

DRAFT

Desired Participant Outcome	• Enhanced coping skills • Increased stability • Safety and stabilization • Improvements in general behavioral health
Rate	$47.00 per hour

DRAFT