SERVICE NAME	BEHAVIORAL CHANGE INTERVENTION SUPPORT PROGRAMMING GROUP
Funding Source	Reporting Center funding
Setting	Reporting Center/Service Center/Satellite Center
Basic Definition	By employing a cognitive-behavioral interactive journaling system, participant address their needs within assessed criminogenic needs. This outcome-oriented intervention model incorporates research-to-results and evidence-based practices for addressing the needs of the participant working to successfully reintegrate into their communities and develop a roadmap to success in their efforts to change
Service Expectations (include EBP)	• Open or Closed • Participants will develop an Individualized Change Plan that will be shared, discussed, and reviewed with group participants, probation officer, and other supports. • Facilitator shall complete documentation within 3 business days of completion of weekly session and immediately relay any concerns to supervising officer and/or Reporting Center Coordinator. • Facilitators will use interactive journaling as a behavioral change tool incorporating motivational strategies, goal setting, and cognitive behavioral interventions to assist participants in making positive and lasting life changes • Provide each participant with a workbook/journal to write in and use for group • Unbiased and open forum to facilitate discussion and disclosure • Facilitator will collaborate with Probation Officers for enhanced case management • Facilitator will provide referral recommendations to supervising officer, if applicable. • Facilitator will use Motivational Interviewing • All facilitators must submit a *Program Plan Overview* with their RFQ application to AOCP at the beginning of each procurement cycle and utilize the approved AOCP curriculum. • <u>AOCP Approved Curriculum:</u> 1. Change Companies Interactive Journal workbooks including, but not limited to, the following: • Social Values, • Responsible Thinking • Skills for Successful Living • Strategies for Success • Peer Relationships • Self-Control • Family Ties • Substance Use • Power of Self Talk • Responsible Decisions – DUI program • Interactive Journals will be supplied by AOCP, any other handouts/items will be supplied by facilitator.
Length of Services	1.5 hour session per week Up to .75 hours preparation/documentation per 1.5-hour session (.50 hrs. per 1.0hr of group, if group time is shortened in any way, doc/prep time shall also be shortened) Each interactive journal timeline is unique which allows for diversity in group length/number of sessions. Facilitators are required to state the logistical layouts of their groups for each interactive journal topic within their Program Plan Overview. Participants have successfully completed the group when they've successfully completed all required group sessions, within that interactive journal topic.

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Staffing Requirements	• High School Diploma or equivalent • Trained in Stages of Change [two (2) hours of classroom training] • Two (2) years of experience in group facilitation ***All facilitators must be a Registered Service Provider with Probation.***
Maximum Class Size	12
Minimum Class Size	6 *Minimum Class Size* refers to the number of referrals needed to schedule the group. If fewer than the minimum (6) attend, the class may still be held. However, if attendance falls below the minimum (6) for two consecutive weeks, the class cannot be held in the third week until at least the minimum number of participants are present. As a result, a class may need to be suspended due to insufficient attendance.
Hours	Most groups will be scheduled outside of normal working hours, including evenings, and weekends.
May be facilitated through Teleservices	Yes – with a maximum of 12 participants between all sites
Desired Participant Outcome	• Demonstrate increased self-awareness • Reduction in targeted risk domains as measured through the reassessment process • Decrease in the frequency, intensity, or duration of disruptive, harmful, or self-defeating actions. • Development of prosocial behaviors, such as effective communication, conflict resolution, and coping mechanisms • Preservation of positive changes over time, preventing return of disruptive behavioral patterns. •
Rate	$47.00 per hour Spanish Groups paid at a rate of $56.00 per hour

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