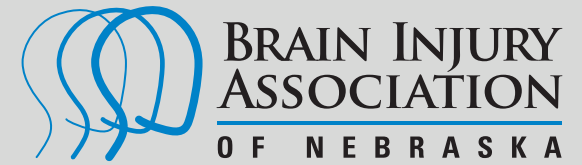




You don't have to face brain injury alone — BIA-NE is here for you.



Brain Injury

Hearing those two words can be overwhelming. You likely have countless questions racing through your mind: *What is a brain injury? What are the long-term effects? Where can I find answers and support for myself or a loved one?*

We're Here To Help

No matter when the injury occurred, our resource facilitators work alongside you to provide guidance, resources, referrals, and strategies to help navigate life after a brain injury.



Connect With BIA-NE

(844) 423-2463

(402) 423-2463

info@biane.org

biane.org



Resource Facilitation



prevention | education | advocacy | support

About Brain Injury

A brain injury is damage to the brain that occurs after birth and is not hereditary, congenital, or degenerative. It can result from external trauma, such as bumps, blows to the head, or penetrating injuries, as well as non-traumatic causes like infections, aneurysms, or oxygen deprivation.

Traumatic brain injuries (TBIs) are caused by external trauma and disrupt normal brain function. Examples include concussions and abusive head trauma.

Effects Of Brain Injury

The effects of a brain injury can vary widely depending on the individual and the nature of the injury. They are often long-lasting and typically fall into three categories:

- **Physical:** Issues such as balance problems, vision impairment, and difficulty sleeping.
- **Cognitive:** Challenges with concentration, focus, or memory.
- **Emotional:** Conditions like anxiety, depression, and impulsivity.

How BIA-NE Helps

BIA-NE Resource Facilitators understand how challenging life after a brain injury can be. That's why our team will work with you and your loved ones to build a support system tailored to your needs. Here's how we can assist:

- Educate you about brain injury and what to expect.
- Help you find professionals who specialize in recovery.
- Guide you through local, state, and federal service systems.
- Refer you to resources in your community.
- Connect you with local support groups.



BIA-NE Client Testimonials

Don't take our word for it.

"This is all incredibly helpful, and I can't thank you enough for the support and resources. ***Just knowing this organization exists and that you're available to help is so comforting.***"

- M.V.O.

"I wanted to sincerely thank you for all your help. We've been emotionally overwhelmed trying to ensure [our loved one] receives the best possible care. Navigating insurance has been frustrating, and we often felt hopeless. ***You've given us hope and lifted our spirits.***"

- Family member of an individual with a brain injury