**Resources to Support Mental Health and Development of Young Children**

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**Early Relational Health**

American Academy of Pediatrics: Early Relational Health

<https://www.aap.org/en/patient-care/early-childhood/early-relational-health/>

Early Relational Health is Central to Children’s Healthy Development: The Nurture Connection

<https://nurtureconnection.org/>

**Policy and Children’s Mental Health**

A National Children’s Mental Health Agenda

<https://www.childtrends.org/publications/a-national-agenda-for-childrens-mental-health>

Policy: Supporting Children and Families

<https://www.zerotothree.org/resource/strengthening-families-with-infants-and-toddlers-a-policy-framework-for-states/>

Policy: Promoting Infant and Early Childhood Mental Health

<https://www.zerotothree.org/resource/planting-seeds-in-fertile-ground-steps-every-policymaker-should-take-to-advance-infant-and-early-childhood-mental-health/>

Messaging Guides for Policies that Promote Well-being of Children and Families

<https://www.thinkbabies.org/take-action-congress/messaging-guides/?_ga=2.247102982.367378441.1659544611-1736062341.1640020888>

**Applications of Attachment Principles in Practice**

Foster Care Matters: The Secure Base Model

<https://fostercarematters.com/secure-base-model/>

Answers for Families

<https://www.answers4families.org/node/2>

Rooted in Relationships

<https://rootedinrelationships.org/>

The Learning Child

<https://child.unl.edu/>

The Learning Child – Read for Resilience – book list and guides

<https://child.unl.edu/read4resilience/>